# TRAILS OF ANCESTORS

Building a Nation



EDITED BY JOHN B. ZOE



### PREFACE TRAILS OF OUR ANCESTORS: BUILDING A NATION

Our Tlicho history is embedded in the landscape in place names. It is interpreted by our Elders who have first hand experience of life on the land. The Elders talk about how people headed north to the barrens by canoe in the fall to harvest caribou for food and hides for clothing, equipment and shelter. They talk about travel back below the treeline, to live with the abundance of caribou in the winter. In the spring, the Elders tell of travel to familiar fishing grounds by birchbark canoe.

The Elders talk about the seasonal nomadic lifestyle; about the hardships, and the sorrows marked by burial sites. The land and place names also remind the Elders of renewal of spirit, abundance, and gatherings to renew kinship, revive stories and share knowledge. Canoes were significant in charting the history of who we are as Tlicho. We continue to keep this history alive by traveling the trails of our ancestors to our annual gatherings, today.



#### DEDICATION

This book is dedicated to the memory of our Elder, Harry Simpson of Gamètì who worked tirelessly and faithfully to pass on the knowledge and ways of our Ancestors. We mourn each passing Elder and hold dear to their wisdom. Mahsi-cho.

FRONT COVER/MAIN PHOTO: Tlicho encampment on Stoney Island in 1913. Photo by John Alden Mason/Canadian Museum of Civilzation 26010.

FRONT COVER/BOTTOM PHOTO: Trails of our Ancestors canoe trip at Gamètì in 2004. Photo by Tessa Macintosh/ Tlicho Government.

WEAVING ON FRONT COVER: Tlicho porcupine quill weaving pattern. Original weaving collected in the 1930s by Trader George Buffum Family. Original photo by Susan Irving/Prince of Wales Northern Heritage Centre. 987.94.1



Let's celebrate the transfer of ancient knowledge of the Elders to the youth. Travelling by canoe, the youth honour their ancestors and experience the traditional spirit that will carry them beyond the many challenges of today.

It is our hope that this book shows how we continue to practice our traditions over the generations and that it plants the spirit in our future generations to strengthen and celebrate our language, culture and way of life.

Massi Cho

Chiefs' Executive Council | Tlicho Government

01. Frankie Nitsiza arrives at Behchokò all the stronger for the many portages behind him to celebrate the coming of the new Tłįchǫ Self-Government in 2005.

02. John B. Zoe's canoe departs Gamètì in 2000.

03. Even as in days gone by, the arrival of the canoes at a destination is always an exciting event attended by everyone in the community of Wekweèti near the barrenlands in 2002.





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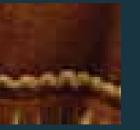
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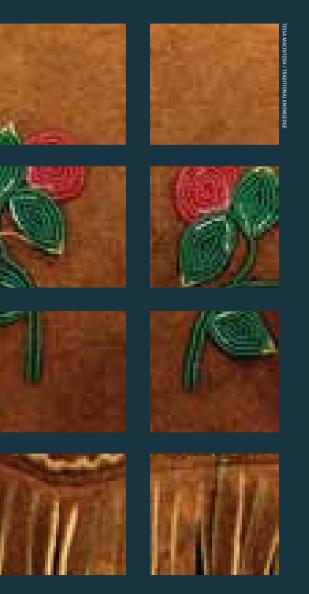












Elder Marie Quitte's beadwork on traditional smoke-tanned moosehide.



Tłycho get into their handmade birch bark canoes with years of precision at Behchoko in 1913-14.



**01.** Fireworks light up the sky on Aug 4, 2005, the day the Thcho effectively have self-government to manage their resources and protect their culture.

02. Alphonse Quitte easily shoulders his small handmade birchbark canoe; a traditional oneman hunting canoe is light-weight to say the least.

**03.** Women in canoes at Behchokỳ in 1913.

04. The symbolism of the new Th<sub>2</sub>cho flag – The tents represent the four communities, the sunrise and the flowing river represent Chief Monfwr's words guaranteeing the Th<sub>2</sub>cho way of life and the North Star represents the new era.

JOHN B. ZOE

## TRAILSOR ANCESTORS: Building a Nation

For centuries the Tłįchǫ of the Northwest Territories have relied on an intimate knowledge of the land and its wildlife to survive. The Tłįchǫ lived in a yearly cycle of following traditional trails in birchbark canoes to the barren lands in the fall to harvest the caribou herd; and then heading below the tree-line for the long northern winter until the warmth and life of spring returns.

The skills required to survive this lifestyle were taught through the oral tradition, by elders to the youth, through hands on experience while living and traveling in the bush. With the Tł<sub>2</sub>cho language so intimately connected to the land, elders passed on place names, animal names, cultural and spiritual sites and the language of the land to the next generations.

However, this nomadic style of living began to decline as the influences of the modern 'western society' and government moved into the north. The government slowly began to take control of the lives of the Tłįchǫ and soon the people were reliant on funding and welfare to survive in the new society. Today, members of the Tłįchǫ Nation live mostly in the communities; have entered into a wage economy and classroom-based schooling. The traditional culture and teaching processes of the Tłįchǫ have been absent as people no longer travel together on the land. The culture and language of the Tłįchǫ people are now threatened.



# CHAPTER ONE



01. Tłįcho at Behchoko in 1910.



02. Canoes ready to depart Gamèti in 2000

In 1990, a plan to implement a vision was developed: The vision of Chief Jimmy Bruneau to teach the youth of the Tłicho Nation in two ways; the way of the new society being slowly imposed on the people and the traditional practices passed on for generations on the past. The idea of the Trails of Ours Ancestors program was initiated.

Around the same time the Dogrib Treaty 11 Council, Government of Canada and the Northwest Territories were in the early stages of negotiating the Tłicho Agreement. Meetings were being held in the communities, Yellowknife and in the South. The Agreement was the desire of the people to help protect language, culture and way of life.

In 1995, the Dogrib Treaty 11 Council in partnership with the Dogrib Community Services Board (at that time the Divisional Board of Education) managed to secure funding for the first Trails of Ours Ancestors canoe trip. The first group paddled the 15-day journey from Behchokò (Rae-Edzo) to Gamètì and arrived to a huge celebration as the festivities of the Annual Assembly got under way.

The second year a group of paddlers traveled the Trails of Ours Ancestors from Behchoky (Rae) to Wekweeti passing through the Barren lands.

Unfortunately in 1997 the program fell apart, due to communication problems with a sponsor. Faced with losing the tradition and intent of the trip, the Dogrib Treaty 11 Council, to keep the program alive, sent a small group with four canoes from Behchokò to Wekweètì. This did not, however, involve students, as only eight seats were available in total.

In 1998 the Primate's World Relief and Development Fund joined in partnership with the Dogrib Treaty 11 Council and Dogrib Community Services Board and provided significant funding that has allowed the trips to be revived and grow. The Trails of Ours Ancestors have now been paddled between all the Tłicho communities, sometimes on trails that have not been traveled in close to half a century. Today hundreds of youth and elders have had the opportunity to travel the trails.



03. Tłycho treaty dance till early morning at Fort Rae in 1937. Tłycho dances are intended as a participatory recognition of the entire group. This particular dance was without drums. People all chanted together facing inward toward the centre and side-stepping in a sun-wise direction.

Funding continued from the Primate's World Relief and Development Fund in 1999 and 2000. Since 2001 the Dogrib Treaty 11 Council has been able to secure a more stable and continuous funding source that has allowed the Trails of Ours Ancestors program to continue to grow and develop.

In 2001 the Grand Chief of the Tłicho Nation, who has spent many years of his life traveling the trails of his people, joined the Trails of Our Ancestors program and paddled from Behchoky to Wekweeti. His influence has helped provide the link and recognition of Trails of Our Ancestors as part of the Tłicho Agreement and its part as a bridge to the traditions of the past.

In 2002 at a historic ceremony in Whatì, the Tłįcho people celebrated the initialing of the Tłicho Agreement. After twelve years and many meetings and discussions, the Tłicho people have now completed the negotiation of self-government and land claim agreement: An Agreement that will be the foundation for the future of a nation. Many people traveled by canoe to Whatì to attend this historic event.

In August 2003 the Prime Minister of Canada, Premier of the Northwest Territories and Grand Chief and Chiefs of the Tłicho Nation signed the Tłicho Agreement in Behchoko. Again many people traveled by canoe to attend this event in 2004. For the first time the Trails of Our Ancestors program saw over 200 delegates travel by boat from the communities of Whatì, Wekweètì and Behchokò to the Annual Gathering in Gamètì.

Many parallels can be made between the development of the Trails of Our Ancestors program and the journey the Dogrib Treaty 11 Council has made to reach the Tłįcho Agreement. But the most important is that the Tłicho Agreement and the Trails of Our Ancestors program both encourage the preservation and revitalization of the Tłicho language and culture and the Building of a Nation.





**01.** Tłąchę Family paddle fully loaded canoe including four dogs.



02. Old Church at Behchokỳ in 1924.



03. Treaty tent at Fort Rae in 1925. Every year since Treaty 11 was signed by Chief Monfwi in 1921, Tłįcho have gathered to honour their agreement with the crown and the Government of Canada. Since 2005, they gather to celebrate self-government.

**04.** Large Gathering at Schooner Landing, Behchokỳ / Fort Rae in 1923.

ABOVE. The feast for Fur Trade Commission at Fort Rae in 1937. Summer is always a time to gather and celebrate.

As long as the sun shines and the river fows and the land does not change, we will not be restricted from our way of life."

(Chief Monfwi - 1921)

"Du sa eraa sìu k'èt'à naèhdo-le įdè du deh nyly sìu k'èt'à naèhdlį-le nıdè du dè nàgoèhdǫ-le nıdè, asiı gogha wets'aet'ǫ hoılı ha-le ...





01. Alexis Arrowmaker, left, playing handgames at Behchokò in 1971.

**02.** Grand Chief Joe Rabesca and the North Slave Delegation at a Dene Nation Assembly at Délıূne in 1985.



03. Two motorized canvas canoes loaded with people, dogs and gear at a portage between Behchokò and Whatì.

**BELOW.** Like an armada, the incoming flotilla of canoes from the '**Trails of Our Ancestors**' is a vision of pride for the Tłocho, almost like an apparition of the Ancestors themselves. With many anxious to take their turn, the canoe trips are like a rite of passage for every Tł<sub>i</sub>cho citizen, and revitalizes everyone concerned.











**01.** President of the Indian Brotherhood of the NWT, James Wah-Shee speaks at the first Dene Nation Assembly which took place at Behchokỳ in 1971.

**02.** Handgames with Chief Jimmy Bruneau ( in banded hat) at Behchokỳ in 1962.

**03.** August 4, 2005 is a day to remember, to commemorate with ceremony, tea dance, handgame, feeding the fire, heartfelt congratulations from dignitaries at all levels of government, and a drum prayer song.

**04.** The new Thcho flag is unveiled by its designer James Wah-Shee and raised by Alexis Arrowmaker, two who dedicated their lives to making this memorable day a reality.



The midnight sun casts a warm glow on the still waters along the "Trails of our Ancestors".

# LIKE TWO PEOPLE

The boat trips we have taken to date have always been considered to be a vision by the Thcho people to become "Strong like two people". To understand how and why that vision came about, we must look to the past and see it through the eyes of the Elders who were there. They remember young people being strong physically and spiritually; determined yet flexible; independent yet cautious; able to read the environment for survival, youth who recognize the limits of their capability, and work as part of a community. Our Elders of the past, like Chief Jimmy Bruneau, saw these things and realized that the future held challenges that would alter what they had known in their time.

## JOHN B. ZOE

Trails of our Ancestors: Building a Nation 13





**01.** Chief Jimmy Bruneau, who gave his name to the high school in Edzo.

02. Elizabeth Mackenzie, receipient of the Governor General's Award, in Behchokỳ in 2005.

Imagine in 1893 when an American graduate, Frank Russell, from the University of Iowa, came to Tłįchǫ country in search of a muskox specimen he could take home with him. In his journal he talks about the trip he made to the edge of the woods on the shore of Courageous Lake/Ewaànıt'ıı tì. There, he was in a Tłįchǫ encampment a few portages from Lac de Gras/Ekatì in the late winter with a dogteam. It was the camp of Ek'awi Dzimi, the father of the late Chief Jimmy Bruneau. Chief Jimmy Bruneau was about six years old when he saw this man writing in his journal and heard the language he spoke. He probably didn't know what was going on at the time but it definitely left an impression on his mind. The camp probably talked about this strange man and reviewed his brief excursion with them through stories, and determined that there would likely be more encounters with strangers.

In 1913, when Bruneau was twenty-five years old, he accompanied another American, David Wheeler, to the edge of Snare Lake by dogteam. He spent many days with him listening and watching him write with pen and paper. This left another long lasting impression on his mind. There were many similar excursions over the years.

In 1921, his uncle Chief Monfwi sat across from the Treaty Commissioner to talk about Treaty. He witnessed the power of the pen and paper and of the written word and realized the influence it would have on the Tłącho.

ABOVE. Canoes come ashore in 1995.





ABOVE. After a good day on the trail, paddlers enjoy the evening by playing traditional handgames, a complicated guessing game accompanied by hand signals and rhythmic chanting. 1995.



ABOVE. Portages where at least two return trips are made by each individual are often seen as a good break from hours of paddling, even when the trail between the waterways is a long smokey muskeg hike.

01. Coming ashore for a break on the Marion River/Gòlootì deè in 1995.

**02.** Elder Harry Simpson speaks with attentive youths at Basler Lake/Tìegǫ tì in 1995.

03. A canoe apparently makes its way along a portage route on the edge of the barrenlands in 1996.

**04.** To appease the strong winds that kept the paddlers grounded one day in 1995, Nick Black made a small raft upon which a fire was lit and sent out ablaze onto the lake while everyone shouted together, "Break up the clouds!/Yàzo etła!". Within an hour the canoes were on the water again, this time in calmer weather.

05. Students break camp every morning and set up again every night, help prepare the meals, and paddle all day. These are the rigors of the trail. 1995.

06. Another aid to faster travel is the fresh moose meat at LaBriche Lake in 1995.













When Chief Monfw1 died in 1936, Jimmy Bruneau became the Chief. As Chief he witnessed Tłįcho children being shipped out to missionary schools for years to learn the foreign language and the skills of writing. He also saw the sorrow in the eyes of the people when their children left. He started to push the government for a school to be built on Tłicho lands so that the young people could learn without having to give up who they were, yet still learn the new ways.

At the of cial school opening in 1972, Bruneau said: "Senèk'e enpht'èkò hohłè-ha dèets' òk' àowo geehke, eyits' o secheeke e nihtł' èko gitł' a whero ha, eyıts'o secheekèè nihtł'èkò goyù eghàlagùdè ha, eyıts'o chekoa nàowo nàke t'à hoghàgeeto ha, gonàowoò eyits'o kwet'jì nàowoò k'èè... I have asked for a school to be built on my land and that school will be run by my people and my people will work at that school and children will learn both ways, our way and whiteman's way."

In 1991, when the Elders got together to reflect, Elizabeth Mackenzie spoke: "Chekoa, nàowo nàke t'à elexèht'eè hoghàgeèto nıdè do nàke làanì nàgetso ha... If the children are taught in both cultures equally, they will be strong like two people."

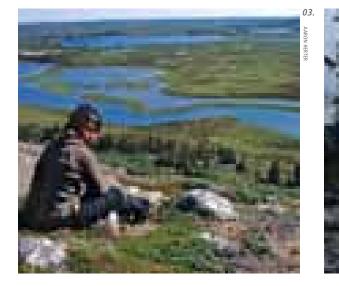
In this spirit we share our experiences with pen and paper so others may be inspired to follow in the footsteps, so they may do the same.







01. Grave restoration at Marion River/Gòlootì deè 1995.



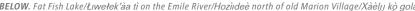
**03.** In 1996 the canoe trip went out to the Barrenlands at Grizzle Bear Lake/Dıga tì where Rex Lamouelle contemplates the lay of the land high above camp.



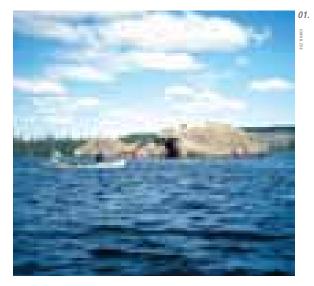
**02.** Elders Harry Simpson, Pierre T'loka and Jimmy Rabesca are comfortable sitting close to the ground on a few spruce boughs and telling stories in 1995.



**04.** Paddlers were faced with the challenge of an ominous forest fire at Wheeler Lake/Tledı tì and through the traditional method of consensus, assessed the situation and all agreed to continue with the trip.







01. Chased into Rock/Elet'sadzì on Beaver Lodge Lake/Kwoyetì in 1993.







02. Animal Spirit Rock/Weyeèdı on Brown Water Lake/Tikwo tì.

03. Repair and contemplation of a child's gravesite at Hottah Lake. Travelers are reminded how the Ancestors met adversity with fortitude, of being in the flow of the Ancestors, the flow of the rivers, the flow of life.

04. In 1991, Archeologist Tom Andrews and an assistant examine an old 1925 Geological Survey of Canada marker erected by John Russell.

### THOMAS D. ANDREWS & JOHN B. ZOE **TRAILS:** Archeology and the Tłįchǫ Cultural Landscape

"Sezǫhdaà sexè gogedo įlė. Sedaà eghàlagįįdà, eyits'ǫ diì gitįliì k'è ts'adèe xè eghàlats'eda. Dudzęż k'e cheeko gòet'į nàowoò deghà gik'èezǫ-le kò gonàowoò k'èts'edì ha ts'įįwǫ, hanì įdè amèe įdaà xàedaa sìi git'àet'į ha. Eyıt'à gıts'àts'edi gha eghàlats'edaà ats'et'į.



Pierre Judas, Johnny Eyakfwo, Johnny Bishop, Joseph Rabesca and John Louie Rabesca at Big Rock/Kwecho at Mesa Lake in 1994. Mesa Lake is the site of the Edzo/Akaitcho peace treaty.



01. Edzo's Wife's Island/Woke whali ti near Mesa Lake in 1994, so-called because this is where Edzo told his wife to hide while he went to attempt a peace with the Chipewyan Akaitcho.



02

02. Tent frames and drymeat/bògòò racks at Mesa Lake in the harrenlands in 1988

01. Remains of an old birchbark canoe/k'ıelàa frame near Mesa Lake in 1994.

02. A fish cache/translation from the early 70s located at Bea Lake/Bea tì.

03. With a pleasant feeling of awe, in the calm of evening, paddlers become aware of their small place in an immense wilderness in 1995.

04. Gon Cabin at Labrish Lake/ Nàakaà tì in 1994.

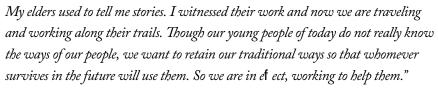


(Harry Simpson - June 25, 1991)

This Tłycho landscape is known intimately to Tłycho Elders. Trails, which are used year-round, provide access to a vast harvesting region, and link thousands of place names, each with a narrative of some form, sometimes many, inextricably bound to the place. Names and narratives convey knowledge, and in this way Tłicho culture is tied directly to the landscape. Travel across the Tłicho landscape can be easily and clearly described by reference to these names, and indeed travel narratives often appear as no more than long lists of place names. While toponyms mark topographic features, the Tłicho also employ a separate naming system to distinguish the broader physiographic regions. Though there is some overlap with the physiographic units recognized by western geographers, the Tłįcho system is more refined, and consequently more complex.

The Tłycho landscape is infused with the presence of innumerable entities, or "powers", both benevolent and malevolent. In traveling across the landscape, one must constantly mitigate the impact of personal actions by appeasing these entities with votive of erings, and by observing strict rules of behavior. For example, at each new water body encountered en route, of erings are left. In the Tłįcho vernacular, it is said that these places, and the entities inhabiting them, are being "paid". The of erings may be anything of value (in modern times this had typically included tobacco, matches, coins, ammunition), or simply, a garland of birch branches. These are thrown into the water (or onto







LEFT. Paddler in the early morning mist in 1995, the first year of 'Trails of Our Ancestors'.



ABOVE. Old cabin foundation and stone chimney at Dead Birch Narrows/Kia Kwa K'a, a site near Gamètì.

BELOW. Grave site of the wife of Kwaji at Beaver Lodge Lake/Kwoyeti shows obvious signs of a passing forest fire with standing-dead trees watching over new-flowering fireweed.



the ice in winter), and in return the votary may ask to be granted good weather, safe traveling conditions and abundant food resources. At all sacred sites, and indeed at many important cultural sites, of erings are also left. Places inhabitied by malevolent entities (called weyeedu or "animal-beings") are regarded as dangerous, and consequently, always avoided. Through dreaming and the acquisition of Jk'oo or "medicine", sometimes "power," "knowledge," or "luck", one prepares to deal with the world, and the powers inhabiting it. These traditional beliefs and practices have been syncretized with the beliefs and practices of the Roman Catholicism.

The Idaà trail is central to the Tłįcho homeland. Two rivers, the Marian (Gòlootì deè) and the Camsell (Nodìnhatì), form the trail, and with a network of inter-connecting trails, provide access to a Tłįcho land use area encompassing some 295,000 square kilometres. In post contact times, the trail was used to access trading posts on Great Slave Lake (Tideè), Great Bear Lake (Sahti), and the Mackenzie River (Dehcho) at the mouth of Bear River (Sahtideè).







**01.** Elders and youth work together on the Traditional Birchbark Canoe Project of 1996 at Russell Lake/Sahgǫ̀ò dawheto̧ tì.

**02.** Paul Rabesca pulling up the long spruce roots which will be split and used to sew birch bark together. The seams are then sealed with spruce gum.



**03.** Michael Nitsiza collects sacred red ochre for the Caribou Skin Lodge Project of 1999.

BELOW. Hunters on the barrenlands pride themselves in being able to carry their own packs and caribou bundles at Grizzle Bear Lake/Diga tì in 1999.



**04.** Women apply sacred red ochre to the Caribou Skin Lodge. The colour is made of ground local ochre and grease.



01. Tłącho Flunky in a birchbark canoe at Marion Lake/Jhdaak'e tì. 1913-14.

02. On the first night on the 'Trails of Our Ancestors' at Russell Lake/Sahgòò dawheto tì, delicate noctilucent clouds and the camaraderie of a midnight campfire seem an encouraging sign from the land and assure high spirits on the part of the paddlers.

03. Eddie Weyallon drums a morning prayer with students in 1992. The drum is the heartbeat of the nation.

THOMAS D. ANDREWS, JOHN B. ZOE AND AARON HERTER YAMQQZHA Sacred Sites and the Anthropology of Travel

> The Tłicho landscape is a mosaic of significant places, all with names and stories attached to them. Place and narrative transform a physical geography into a social geography, where culture and landscape are transformed into a semiotic whole. In Tłicho cosmology, these places represent the physical embodiment of cultural process, which is realized through the combination of travel and story-telling. By travelling traditional trails, which link places like beads on a string, Tłicho youth are told stories as each place is visited.

The stories provide all the knowledge necessary for living within the Tłicho landscape, and in later life these places become mnemonics for recalling the narrative associated with them. In this way, narratives relevant to knowing, and living, in the Tłįcho landscape are passed from generation to generation. Travel is critical to learning, and understanding Tłicho cosmology. Without the visual, mnemonic cue of place, stories could not be accurately recalled, preserving the rich detail and accuracy they are noted for. If we accept the premise of landscape as process, then it is realized through travel.

The triptych of travel, place, and narrative is embodied best in one of the legends of Yamoòzha, who is the most important of the Tłįcho culture-heros. Yamoòzha is noted for his creation of many components of the landscape, for assisting with the transformation of floating time into linear time, for establishing many of the laws and cultural rules important to Tłįcho existence, for mediating the enduring relationship between the Tłycho and the animals with which they share the

ABOVE. Aerial view of Dreaming Mountain/Ts'o kwe near Gamètì in 2006.







# F O CHAPTER

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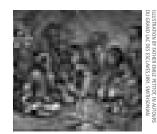
ABOVE. Grandfather's Head Rock/Kweedoo tells the story of Yamoozha and his brother, when they were still young. They carve a hole in their grandfather's head while he is sleeping. They drop rocks into the crack and their grandfather turns into a rock. To this day when people go by this place, they drop rocks into the crack to foretell their future.



ABOVE. In 1998, Joe Mantla takes to Sliding Hill/Hodoòdzoo on a sled of spruce boughs to find out if the land is pleased with him.

landscape, and from which they draw nourishment, and for making the landscape secure. For the sake of brevity, an abridged and paraphrased version of the story is presented here.

The story represents a single day in the life of Yamoòzha and recounts his exploits in making the land safe. However, in undertaking these activities Yamoòzha imparts power in the landscape and the places he visits are transformed into sacred sites. Most importantly Yamoòzha travels a portion of an important traditional trail. The trail, called Idaà ("up this way"), is geographically central to the Tłicho homeland and notably, nearly twenty sacred sites (not including 189 graves) are located along its length, a number not matched on any other trail in the Tłicho region. The story metaphorically connects travel, place, and narrative, and provides a focus for grounding the foreground of everyday life in the background of history and religion. As Yamoòzha works and travels along the trail, he transforms the mythological into the real. However his foreground becomes the background of Tłucho life, and consequently provides the potential of an ideal life. In other words, place and narrative provide the potential ideal for everyday life, while travel and "work" provide the mechanism of achieving it. The landscape provides the fabric for grounding the metaphor in cultural process, and experiencing it is realized through travel and ritual. It is significant that Yamoòzha, known as "the one who travels", is the most important of the Tłicho culture-heros. Through his travels, Yamoòzha brings forth the laws governing Tłicho identity and life, and through his actions, serves as a model for an ideal existence.



01. Inside a Tłįchǫ Lodge. A traveling or nomadic culture requires everything to be light weight and easily transportable including the entertainment and educational resources, as it is also an oral culture.

### Yamoòzha and the Wolverine

Yamoòzha woke one morning at lhti kika near Yahiití and cut down a birch tree to make a bow. After working on his bow for some time, he began to walk south. Eventually he reached Hodoòdzoo, a place where people slid for good luck. Here he found that Nogha (wolverine) had placed sharpened stakes at the bottom of the slide to entrap people. Yamoòzha decided that he would make Hodoòdzoo safe for people to slide at again, so he quietly approached the stakes and carefully slid his caribou skin shirt over one of them. Twisting his nose until it bled, he covered the top of the stake with blood, and then pretended to be dead. Soon Nogha came by and took Yamoòzha back to his camp. Yamoòzha, through the use of his power, freed himself and killed Nogha, though letting the wolverine's family escape unharmed. In this way Yamoòzha made Hodoòdzoo safe for people again.

Yamoòzha continued walking south on the trail. Eventually he reached the large hill known as Ts'okwe, where he sat down and continued making his bow. Tired after a long arduous day Yamoòzha slept. While he slept he had a dream. Ts'okwe forever after became a nate k'e (dreaming place).

Paul Wetrade and Philip Zoe back on their old hunting grounds on barrenland trails used by migrating caribou herds for millennia at Point Lake/Deèzàa tì in 1999.







01. Phillip Zoe pegs out a caribou skin to dry at Point Lake/ Deèzàa tì on the barrenlands in 1999

**02.** Visions of barrenland eskers are etched in the hearts and minds of anyone who has ever been there, especially the Elders who have traveled so close to this land since they were born. Courageous Lake/ Ewaànıt'ıı tì, 2001. Dora Nitsiza of Whatì, Harry Mantla of Gamètì, Allice Legat, Romie Wetrade of Gamètì, Elizabeth Michel of Behchokò.

# TRADITIONAL KNOWLEDGE ALLICE LEGAT | FORMER RESEARCH DIRECTOR | TRADITIONAL KNOWLEDGE PROGRAM

gokò agòht'e ne ts'uwo.

It's the land that keeps things for us. It is our home. Being our home it is important for us to take good care of our dwelling – our land. Wherever we travel in Thcho nèèk'è is our home."

(Rosalie Tailbone of Gamètì – May 1998)

The Tłycho elders asked their Chiefs for the traditional knowledge program as they wished to document stories so their descendents could have them to 'think-with' as they travelled trails - both physical and mental. They also wanted to support their leadership in building a Nation in which future generations would remember to think about Tłicho nèèk'è (the place where Tłicho belong).

Between 1992 and 2002, the elders along with the young people who worked with them set up spring, summer and fall camps along trails with elders telling stories to those who came to experience the place. Places such as Tsi'rehdaà along the Mowhj Trail, and NJdZIJkaà along the Jdaà Trail, where families were safe in the winter while men went trapping. Elders told stories while younger people documented place



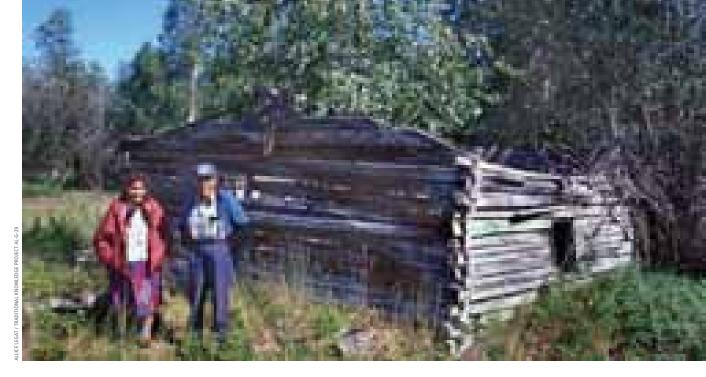
03. Making a video to record elders at a barrenland gravesite in 2001.



#### "Dè gogha t'asìı k'èdì họt'e. Gokò họt'e. Gokò, gonèè ne t'à nezij wek'èts'edì ha gogha wet'àarà họt'e. Tłįcho nèk'e hoyjì k'ets'edè nide



ABOVE. The Elders conduct a 'Feeding the Fire' ceremony in 1998 at Faber Lake/Semì tì to honour the Ancestors.



ABOVE. Adele Wedawin and Pierre Mantla Sr re-visit an old cabin at Faber Lake/Semì tì in 1998.







02. PhoebeAnn Wetrade, Sally Ann Zoe, Elsie Mantla interview John D. Quitte in 1998 on-location at Faber Lake/Semì tì.

**03.** Madeline Drybone with grandson, Roger Drybone at Faber Lake/Sem) tì in 1998.

names and stories so in the future their descendents can listen to their stories on tape and remember occurrences at places.

In Gamètì, the Chief and Council initiated the traditional governance project with the elders Jean Wetrade, Andrew Gon, Marie Zoe, Harry Simpson, and Madeline Drybone telling stories of Yamòzhah, Edzo, Mowhì and Bruneau. Stories of these powerful leaders emphasized the social and cultural laws and agreements made in the past, and in so doing provided guidance to all Tłįcho working to build a Nation based on the knowledge acquired from travelling the trails of their ancestors. As Romie Wetrade said in September 1994,

"Mowhi drew the map with his mind. He said as long as the sun rises, as long as the river f ows, as long as this land shall last, and nothing will change for the people, that is what he [Mowhi] said. That is an important agreement that he made for us and we can't let it go. He did big things for us and we came all this way and we raised our children and we have been raised on this dè (land). To this day, we still raise our children on it." (Romie Wetrade / Translated by Celine Football)

At the Tłąchǫ Assembly in 1999 the elders, with the support of Grand Chief Joe Rabesca and Chief Negotiator John B. Zoe, formed the Elders Regional Committee.

Mowhi's grandson, Jimmy Martin, became k'àowo or 'boss' for the Regional Committee. One task the elders undertook was to draw Mowhi's trail on a map and to document how Mowhi travelled and taught his descendents. For them it represented the extent of his knowledge on which they could discuss Mowhi Gogha dè Niutèe (traditional area of the Tłicho described by Chief Mowhi during signing

**01.** Elizabeth Chocolate prepares medicinal rat root for drying as part of the plant use and habitat project in 2001.



ABOVE. Laisa Mantla has the ceremonial ride of her life at Sliding Hill/Hodoodzoo, a sacred Yamoozha site near Gameti in 1998.



01. The drums, heartbeat of the Nation, fill the air with their pulse as the canoes complete their journey on another of the 'Trails of the Ancestors".



**02.** Guns are fired by both parties to announce the arrival of canoes at Wekweètì in 2001.



**03.** Madelaine Chocolate and Gabrielle Mackenzie-Scott at work on the plant use and habitat research in Behchoko in 2000.



04. Georgina Chocolate interviews Elders Eddie Lafferty and Jimmy Martin as part of the Placenaming research at Behchokỳ in 1999.

of Treaty 11, 1921), and the extent of the knowledge necessary for all Tłįcho to care for the Nation. As Margaret Laf erty said on October 1995:

"As long as we shall last and as long as our descendants shall last and as long as our children shall last, we want them to use this land as their father and mother, this is what we think about this land ... We love this land. It's like a mother to us and a father to us." (Margaret Laf erty / Translated by Celine Football).

The Elders' main focus was to share their stories and to travel, with those younger, to significant places. Georgina Chocolate, Bobby Gon, Madelaine Chocolate and Sally Anne Zoe worked consistently with the elders, while others, including high school students were invited to learn and 'experience' the stories while visiting places. The stories were woven together telling of the relationships between all that is part of the land with a focus on the relationships between caribou, plants, water and Tłicho ancestors.

"Du godi sù gogho whìle ade hojli ha-le. Jłaà wet'à ts'et'i hot'e. Eyi godi làanì du nèk'e nàts'edè. Eyi godi sù Ehtsį eyits' Ehtseè gigodù họt'e. Ehtsį eyits' Ehtseè gıgodiì t'à gohde. Gıyatiì sìı wet'àazàa deè hǫt'e, įdaà ts'eda gha gots'àdı ha t'à. Giyatiì t'à edegha nànits'edè gha họt'e.

"The stories never die. We are still using the story. We live our lives like the stories. These stories are from my grandmothers, my grandfathers. I am talking with my grandparents' stories. Their words are very important because they will help you live in the future. Their words will help you to think for yourselves."

(Madeline Drybone – May, 1994)



ABOVE. Baby moss/Bebia kw'ah is an extremely absorbent and *light weight material; the original environmentally-friendly* disposable diaper.





01. Adele Wedawin displays several braids of caribou sinew made from twisting thin strands of caribou back tendon. It is used for sewing hides.

**02.** Elders recall the old ways and stories at TRANSLATION/ Kweekaateelii near Russell Lake/Sahgòò dawheto tì in 2001.



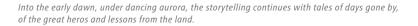
**03.** Pierre Mantla and Madeline Arrowmaker explore the remains of an old fireplace at Faber Lake/Semį̀ ti in 2000.

BELOW. In 1998 Traditional Knowledge Elders re-visited Faber Lake/Semì tì one of the early fur trade, all-Tłįcho communities abandoned during the Flu Epidemic of 1928. L-R (Back): Romie Wetrade, Pierre Mantla, David Chocolate, Joe Mantla, Harry Simpson, Harry Mantla, Amen Tailbone, Phillip Zoe, Elsie Mantla, Paul Wetrade, Phoebe Ann Wetrade, Allice Legat, Mary Apple, and Rosalie Mantla. L-R (Front): Sally Ann Zoe, Elise Simpson, Laisa Mantla, Elizabeth Chocolate, John Quitte, Rosalie Tailbone, Marie Quitte, Bella Mantla, Anjelique Mantla, Bella Zoe, and Adele Wedawin.



**04.** Bella Zoe crosses the threshold of an old dwelling at Faber Lake/Semį̀ tì in 1999.

ALLICE LEGAT / TRADITIONAL KNOWLEDGE PROJECT AL.CC.0









01. Having initiated the "Trails of the Ancestors" and been on every one since its inception in 1995, John B. Zoe, already a man of many campfires, says "It's about tranquility; to bring people back to silence, to revisit the self on the land, away from modern life."

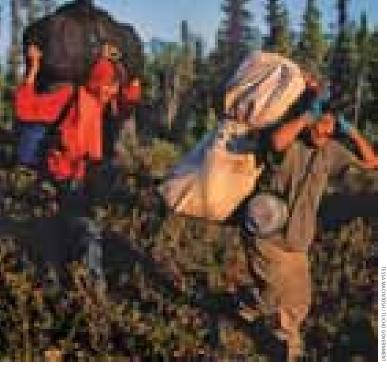
02. To make up for windbound days, there follows a long day where paddlers cover some 50 kilometres by alternating segments of silent synchronized strokes, snacking, chatting among canoe mates, racing other canoes and back to quiet reflection – not to mention taking a shore break at the big tumbled rocks at Castor Lake/ Wek'ełots'aadzìt tì.

**03.** After a long stretch of breaking in new muscles, it's good to raft-up the canoes, kickback, and relax for a spell; an opportune time for Alex Williah to dry feet and moccasins after a wet portage.

#### TAMMY STEINWAND MARKEN STEIN MARKEN STEIN

I was born, raised and make my home in Behchoko, Northwest Territories and was a junior high teacher when I first started taking part in the annual canoe trips that were a partnership between Chief Jimmy Bruneau School (TCSA), and the Dogrib Treaty 11 Council (now Tycho Government).

Trails of our Ancestors: Building a Nation 41





ABOVE. Kirk Mantla and Francis Chinkon, two strong Tłycho on a portage at the end of a fine day near their destination.

ABOVE. To shouts of "Hoòrabah / Go Faster!", Lloyd Lamoulle of Wekweèti uses a paddle stroke called the "cross-bow draw" to quickly round a point of land.

The four canoe trips that I was a part of have been very special to me. This was a time for me to connect not only with the land but also in a special way with the Elders, the culture and language of our people and most importantly, the students. I have many fond memories of our time out on the land.

Each 10-20 day trip was set up pretty much the same way. With 30 people in total, five canoes each carried six paddlers; an Elder, guide/boss, teacher and three students. Each day one of the canoes was in charge of breakfast for the whole group, another canoe would do lunch for the whole group and the third canoe would do supper. The next day, the duties rotated so if you did breakfast one morning, you would do lunch the following morning and supper the third day. This gave a canoe at least one whole day of break from preparing meals. These breaks were very much appreciated. When it was our group's turn to make a meal, we would discuss who in our

canoe would make the fire, start the tea, and do the other duties such as make bannock or peel potatoes. Everyone had a chore to do and everyone chipped in and helped out. The same with the clean up after supper; everyone helped to wash, dry and put the dishes and pots and pans away. It was a group ef ort and everyone worked well together.

Each day began with prayers for a good day, a safe journey and sometimes the request for food. I remember on one trip when we were running low on protein and we happened to camp by a grave, the morning prayer led by the group's Elder included a request that we be given a big animal in exchange for of erings we left at the burial site. It was a beautiful day; the sun was very bright and warm, not much wind, a few clouds, just a gorgeous day! That afternoon we had seen at least one moose. There was our food. The group was happy and very excited, especially the Elder whose prayers were

answered. The whole trip was like that. Sometimes things happened that were dif cult to explain. I believe that it is the power of prayer and the spirits of the land that constantly guide us, protect us and lead us in the right direction. There have been many blessings like this on these trips and each was special in its own way.

Evenings, after supper were spent in dif erent ways. Some tired canoers would take a dip after a day of hard work paddling and portaging, others would spend the time playing cards, Scrabble or reading in their tents, and others got some much needed rest. Each evening before bed people would gather around the fire to dry out their shoes and socks on racks above the fire. This time was also used to share stories and tell jokes, and this usually ended with prayers for a good sleep and thanks for the day.

One of my favorite memories of the canoe trip was listening to the Elders speak of the dif erent areas where we disembarked. Many sites showed evidence of past use. Sometimes we would find tent circles



**ABOVE.** By evening the wind subsides and adventurous youths set out to explore the Kwekajkaa Hills on the far side of the bay at Basler Lake/ Tìego tì.

outlined by large rocks that were previously used to hold a caribou hide lodge in place. In the center of this area, underneath the moss and lichen, one would find a fire pit and if you were lucky, flint or tiny arrowheads. The Elders shared their knowledge as they explained how camps were set up, how our ancestors lived at dif erent times of the year as they followed the animals and how they connected with and worked on the land. At times the conditions were harsh but the people's faith, courage and determination pulled them through. Other special areas included old villages, old camp sites, grave sites, Hodoòdzoo, Weyìıts'atłaa, Wekwezhu, and many other sites. Our Tłicho Territory is filled with special and sacred sites that we are blessed with. It is an honor to learn about our land and our ancestors from our Elders while actually being at these particular sites. It gave me such a special feeling and filled me with pride to be of Tłicho ancestry.





01. The group some 90 strong, spend a day at a sandy beach on Basler Lake/Tìegǫ tì. Though windbound, it's sunny and proves a good time for laundry, card games, a refreshing swim, an air food drop and visiting with old friends.



02. Morning prayer provides an opportunity to contemplate the 10-day, 250 kilometre journey from Behchokỳ to Gamètì on trails that have been used by the Tłycho for thousands of years. Alphonse Apples leads a gathering in prayer for continued safe passage and thankfulness, for the days have been as strenuous and fulfilling as in the times of the Ancestors.



03. With just the right water level, not too deep or too shallow, lining a canoe downstream can save time spent on portaging, though care must be taken with footing in the rapids.



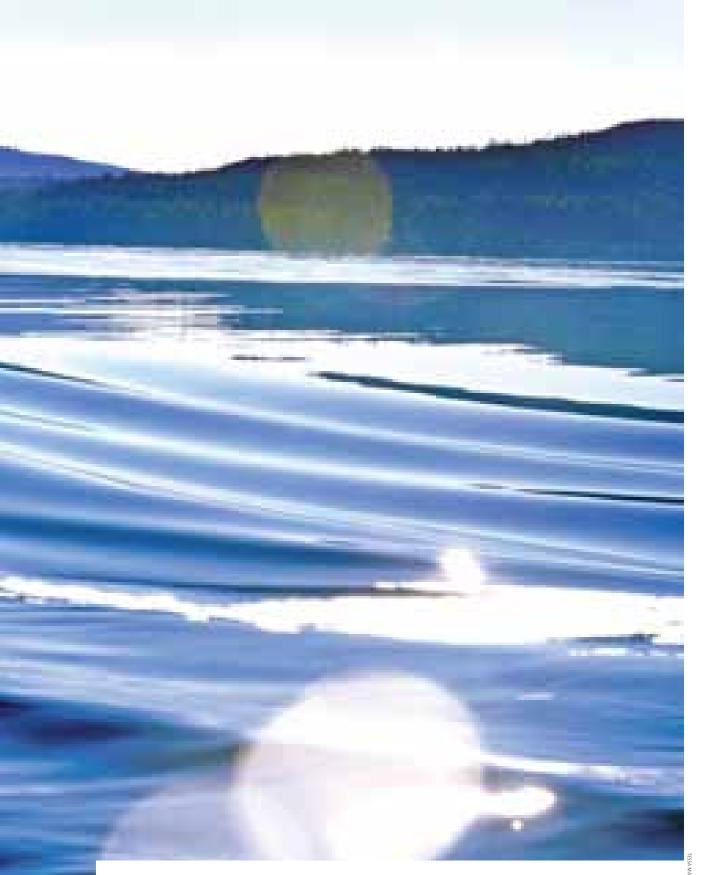
04. In keeping with tradition, time is always given at a modest distance from the final destination to 'rendez-vous' and prepare for the final approach 'en masse'. This way the people arrive safe and whole.

ABOVE. To take advantage of a good wind, the party halts on a sandy beach at Big Spruce Lake/Ts'eeti to rig sails fashioned from tarps suspended between spruce poles, thus propelling canoes more swiftly than even the six paddlers on board.

> "Hęzę done ats'ų t'e, edèahdı. Done aahłų k'èè edekak'eaht'į. Do nezj) eghàlageedaa sìi gixak'eaht') eyits'o gixèahi. Gilaà ghàdeahto. Hanì įdè done ts'įjlį ha ts'įįwoo sìi ts'iìhłè ha. Done, Done soolįj ts'ììhłè ha.

> At rm that you are Dene. As a Dene you search for yourself. You seek those who are skilled and pattern yourself after them. Learn the skills that they have. You will become the Dene envisioned. The Real Person, the Dene."

(Elizabeth Mackenzie, Yellowknife – April 1990 / Dene Kede Education: A Dene Perspective)



Respect is paid to the water (Tì ts'àts'eedı), for its pure, clean abundance, as a mode of transportation, for sustaining the people and all life.





ABOVE. When the day is long with several portages, what keeps the trekkers going forward is a look around the next bend. An idyllic waterfall at Norris Lake/Jt'p ti and the crystal clear waters of Castor Lake/Wek'elets'aadzin ti are some of these rewards on the canoe trip from Behchokp to Gamèti.

Through these stories and the daily work we encountered, sometimes paddling through strong winds, or portaging through muskeg and bog, it was the Elders' words from their stories that helped to keep us going, to keep on paddling, one stroke at a time, or keep on trekking, one step at a time. This is where connections can be made to our personal lives in our communities. At times it is dif cult, and some young people begin to lose their way. I believe the canoe trip has helped many young people appreciate our Elders more and get a glimpse of how our ancestors have lived and endured hardship. They learn that it will not always be smooth sailing and that you have to have faith, courage and determination, by beginning with believing in yourself... that you can accomplish whatever you set out to do.

The canoe trips were a lot of hard work but in the end, it was always worthwhile. Each trip ended with a special feeling of accomplishing something great and to share that special feeling with fellow paddlers and the rest of the group was just wonderful! The canoe trips will always hold a special place in my heart.

Tammy Steinwand, Vice-Principal Chief Jimmy Bruneau School, Edzo. Gocho tılu (Trails of Our Ancestors) is a course of ered to a select number of Chief Jimmy Bruneau school students during the summer holidays. Students who take this course travel by canoe to the Tłicho Assembly following the trails of their ancestors. The students are out on the land/water for a minimum of 10 days, spend time in the Assembly meetings, participate in the cultural events such as Drum Dances and Hand Games, visit and clean-up grave sites, camp at the traditional campsites, listen to the elders telling stories about the routes, and spend a lot of time paddling and portaging, cooking and learning wilderness survival. Every student is expected to fully participate in all activities in order to gain credit for the course. Elders teach the students during the trip the ways of the Tłįcho people. The Dene Kede Curriculum, aims to ensure that the students develop respectful relationships with the

land, the spiritual world, other people and themselves. These relationships are best developed with the aid of Thcho elders, experiences on the land, and use of the Tłycho language.





**01.** A map is like a magnet for travelers like these from Whati with stories of the land continuing well into the night at Slemon Lake/ Hobàa tì . And the language of choice is the mother tongue – TłĮchǫ Yatì.

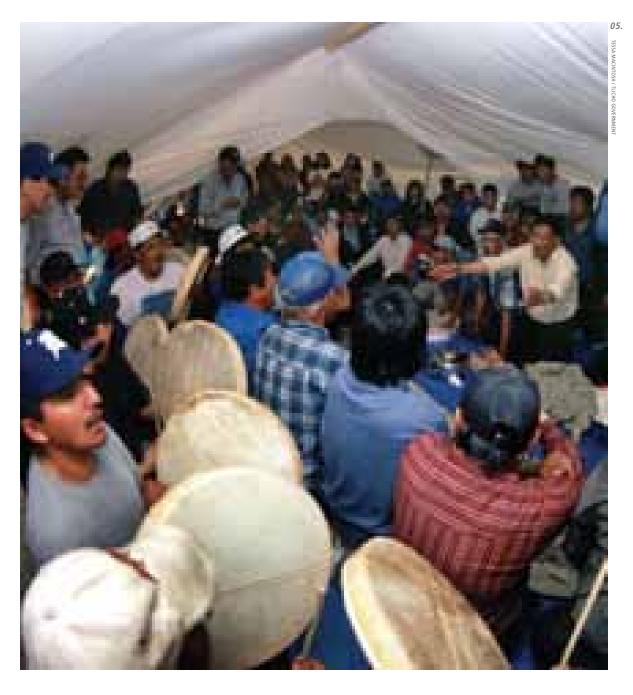
**02.** The two-man carry of the large, modern canoes is not a traditional activity as they were much lighter in the past, however, portaging a tumpline pack of 100 pounds is still typical for the seasoned traveler.



**03.** Young Missy Mantla "pays the water/Tì ts'àts'eedı" of the Emile River/Hozì\deè near Kwejinne Lake/Kweyjj tì, giving a small token of value with prayers of gratitude for traveling on the land and for safe passage on the arrival of three canoes with kin from Wekweètì.



**04.** For Clarence Nasken and daughter Lela, the youngest on the trip, there is the incredibly unifying, unforgettably moving welcome of a thousand handshakes at Garnètì.



**05.** In 2004, the commencement of the Thcho Assembly in Gamètì is marked by the arrival of canoes from the 'Trails of our Ancestors' and continues with a week of meetings, drum dances/Eye t'à dagowo, handgames/ Ets'dzı, weddings and camaraderie to reinforce the unified strength of the Thcho Nation.

### PLACENAMES The names and terminology

Idaa Trail	ldaà tılıı
Snare Lake	c c
Kwejinne Lake	
Basler Lake	V 66
Mattberry Lake	
Emile River (barrenland river)	
Norris Lake	
Boland Lake	Wets'ıì tì
Marion Lake (jackfish, lake)	
Russell Lake (bear, arm, lake)	
Slemon Lake	
Big Spruce Lake	
Castor Lake	
Black Lichen Lake	
De Vries Lake	
Labrish Lake	
Beaverlodge Lake	
Boland Lake	
Brown Water Lake	
Point Lake	
Grızzle Bear Lake	
Hottah Lake	
Lower Carp Lake	
Wheeler Lake	Tłjedliti
Camsell River	Nodìlhatì
Marion River	Gòlootì deè
Great Slave Lake	Tìdeè
Great Bear Lake	Sahtì
Mackenzie River	Dehcho
Bear River	Sahtìdeè
Mesa Lake	Gots'ǫkà tì
Rae Lake	Gamètì
Snare Lake	Wekweètì
LLM / Whati	Whati
Rae - Edzo	Behchokỳ - Edzo
Old Fort Rae	Nįshìì
Old Marion Village	Xàèlıı kò gola
Barrenlands	
Hills, Basler Lake Narrows	
Hills, Rae Lakes	
Sliding Hill, Hoodoodzo	
Went Inside Mountain, Marion Lake	
Edzo's big rock	Kwecho

Edzo's Wife's Island	Woke whalı tì
Chased into Rock	Kwe yı èłets'adzìı
Grandfather's Head Rock	Kweedoò
Animal Spirit Rock (whirlpool)	Weyeèdı
Strong Like Two People	Do Nàake Laanì Nàts'etso
Clouds Clearing Away!	Yàzo etła
Go Faster!	Hoòrabah
Traditional Knowledge Project	Whàèdoò Nàowo Laa
Caribou-skin Lodge	Ekwòwò tł'ohbàa
Birch-bark Canoe	K'ıelàa
Drymeat	bògòò
Dryfish	ehgwa
Hand games	Ets'ıdzı
Drum dance	Eye t'à dagowo
Tea dance	Tadowheraa k'èè dagowo
Whiteman	kwet'jj
Bear Lake Chief	K'aàwidaa
Father of Jimmy Bruneau	K'aàwı Dzımı
Chief Jimmy Bruneau	Kw'ahtıdeè Bıno
Chief Monfwi	Kw'ahtıdeè Monfwi
Yamozha	Yamoozha
Medicine Power	Įk'ęģ
Sacred red ochre	tsıh
Pay the land	dè ts'àts'eedı
Pay the water	tì ts'àts'eedı
Feed the fire	kò wàts'eedı
Dogrib	Tłįchę
Tlicho Nation	Tłjcho doò
Tlıcho Government	Tlįcho Dèts'o K'àowo
Tlicho people	Tłįcho doò
Tlıcho language	Tłjcho yatìi
Tlįcho culture	Tłįcho nàowo
Trails of Our Ancestors	Gocho tylu
Building a Nation	Amèę do ats'įt'e
	wek'ehoèdzoo

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### **TESSA MACINTOSH** ENDNOTE History lays the pathway for Tłįcho future

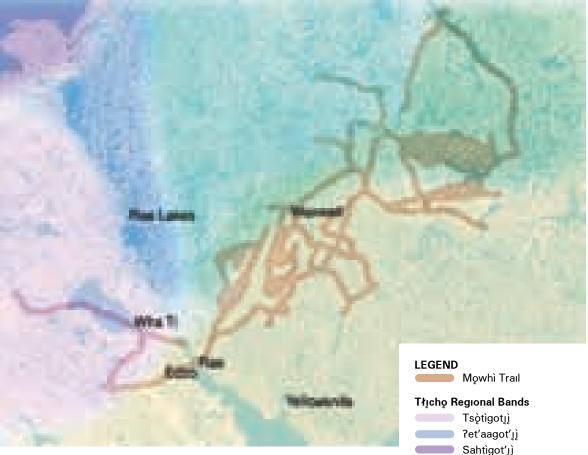
"Your ability to communicate with the animals themselves, the ability to communicate with The Creator, your spiritual growth, is given to you by the land and animals, every time you go out. Sometimes those things will be replaced by modern spirituality. But the land, history and the spiritual growth that comes from the land never changes." (John B. Zoe)

This book is a series of impressions and thoughts about the trails of the Tlucho. From the earliest times, the Tlucho have traveled this land, recording their discoveries and activities in a rich oral tradition that is their history and culture. Travel to the places of the stories is integral to the self-portrait of the Tlucho people.

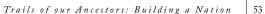
By the mid 20th century, the location of these sites, and the stories linked to them were in danger of being lost. Only the Elders, the last generation to have lived on the land, retained this knowledge. On a trip to document the trails in the early 1990s, John B. Zoe, Elder Harry Simpson, archeologist Tom Andrews and others were inspired to revive the tradition of travel on the land and to restore the oral legacy, which is connected so closely to the landscape. Recording the Traditional Knowledge of the Elders was a vital part of the over-all renaissance of the Tlucho heritage. So now, many Tlicho have experienced the exhilaration of being at these special places, learning the stories and feeling the emotional pull this unique land exerts on every person who travels in it.

It's been an honour helping to gather the stories and photographs of the Tlucho over the years, in part because it is my children's own inheritance. I rejoice with them when their hard won self-government becomes reality. I've been privileged to travel the Trails of Our Ancestors, to experience something of this Tlycho rite of passage. This book, like the canoe trips themselves, is another small part of what John B. Zoe calls Nation Building.

Tessa Macintosh Book Hunter/Gatherer – Somba K'e, 2007



Monfwi Trail showing how his experience extended into several regional bands. Trail drawn by those who had travelled with Monfwi. Regional bands adapted from the work of June Helm (1981).



Gots'ǫkàtìgot'jį

Dechoklaagoty')

Tahgagot'ı)

