

Planning for Success

Students who are successful at career planning have:

- ◆ A solid understanding of their individuality and effectively relate this understanding to their occupational and educational decision making.
- ◆ Proven ability to set goals and maintain action plans that help them attain those goals.
- ◆ Gained real-life experiences relevant to their chosen occupational paths; e.g., work and volunteer experience, co-curricular involvement.
- ◆ Developed the skills needed to access current information and use it in the career decision-making process; e.g., post-secondary programs, labour-market trends, scholarships, loans and occupational information.

How to Help Your Child – Parent Strategies

1. Help your child identify career opportunities that have potential.
2. Help your child match their interests, skills and values with career options.
3. Help your child research their options and get exposure to real-life experiences.
4. Encourage your child to think of their career path as a journey, not a destination.
5. Adolescent years are challenging. Help your child through the transition years.



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**CPP: CAREER &
PROGRAM
PLANNING
PARENT
INFORMATION**

Strong Like Two People



For more information:
www.gov.nt.ca

What is a *Career & Program Plan?*

The Student Career & Program Plan (CPP) is a working document that tracks and manages a student's career planning and development. It records educational information relating to personal data, career assessment, educational and career goals, community involvement and work experiences.

The purpose is to assist Grade 7 – 12 students in their educational and career planning journey.

The CPP is an important part of the expanding career-education process. It allows students to focus their career goals from junior high through high school to post-secondary training and/or into meaningful employment.

Prior to entry into Grade 10 every student must have a written Career & Program Plan. The initial development, and annual review of the CPP, carries one credit and is mandatory for graduation. The CPP plays a crucial role in a student's senior secondary school program planning.

Before entering Grade 10

Before a student starts choosing their Grade 10 courses, their teacher(s) will have helped them develop their CPP. The CPP is not just something that a student completes and files. Rather, it is something that is revisited throughout the school career. The point of the CPP is to help students think about the things that like and are good at, the subjects they like and don't like, and most importantly, what they are potentially interested in doing once they are finished secondary school. Once they have identified those things, they can choose courses that will lead in the right direction.

CPP Revision

A student's CPP is a living document that is reviewed and revised as the student moves through the senior secondary grades, and refines personal goals, aspirations and post secondary plans.

Developing and reviewing the CPP will help students:

- Think about some of the questions they need to ask themselves as they prepare to complete secondary school
- Consider what courses they will take as they move towards graduation
- Identify the wide range of opportunities that are available to them after secondary school.

Parts of the CPP

- Education Information: a record of student performance in a listing of marks per course/subject
- Identification of Strengths/Assets
 - o Interests
 - o Skills
 - o Abilities
- Additional Student Assets
 - o School / Community Involvement
 - o Awards, recognitions, achievements
 - o Volunteer experience
 - o Employment
- Career Planning Activities (including self-assessment, occupational investigations, job shadowing, interest research, etc)
- The Career Planning Checklist (outlines the review process to include the student, parents, teachers and counsellors).

The CPP should be stored in a place where students can have direct access.

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